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The Influence of STEM Approach and Microbiology Experiments on Students' Mastery of Practical Skills

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Abstract: Practical skills are an important aspect in science education, especially in the field of microbiology. The STEM (Science, Technology, Engineering, and Mathematics) approach has been proven effective in encouraging contextual and applied learning. The literature shows that STEM integration in microbiology experiments can improve students' laboratory skills, both in cognitive, affective, and psychomotor aspects. This article is a literature study that aims to analyze the effect of the STEM approach and microbiology experiments on students' mastery of practical skills. This study uses the systematic literature review (SLR) method with sources from relevant national and international journals in the last ten years. The results of the study show that the STEM approach encourages active student involvement, while microbiology experiments provide hands-on experience that strengthens understanding and technical skills. The conclusion of this study strengthens the urgency of integrating the STEM approach in microbiology practices to improve the quality of learning in higher education.

Keywords: STEM, microbiology experiments, practical skills, students, literature review.

INTRODUCTION

Higher education in biology requires students not only to understand theoretical concepts but also to be able to apply them in laboratory practice. Microbiology as an important branch of biology offers various practical skills that include techniques for isolating microorganisms, staining, inoculation, and interpreting culture results (Arifin et al., 2020). However, these skills have not been fully mastered by students because the learning approach is still conventional.

The STEM approach is present as an interdisciplinary learning strategy that integrates science, technology, engineering, and mathematics to solve real problems. In microbiology education, the application of STEM can engage students in more authentic and in-depth scientific practices (Bybee, 2013).

The results of the study showed that the inquiry-based learning model in microbiology experiments can improve students' science process skills and conceptual understanding (Hidayati et al., 2020). This is reinforced by the application of STEM in a laboratory environment that provides space for exploration and critical evaluation of data (Nurhayati & Kurniawati, 2021).

However, not all institutions have implemented this approach systematically. Lack of training, limited laboratory facilities, and limited curriculum integration are obstacles in optimizing the STEM approach (Sari & Lestari, 2021). Microbiology experiments designed with a STEM approach can encourage students to develop high-level thinking skills such as analyzing, evaluating, and creating solutions based on experimental data (Hasanah & Pratama, 2023). In addition, students' laboratory skills also include the ability to work in teams, apply aseptic procedures, understand laboratory ethics, and the ability to convey experimental results scientifically (Kusuma et al., 2019).

The literature states that the integration of multimedia, digital technology, and virtual simulations in STEM experiments also helps improve students' readiness before real practicums (Wulandari & Setiawan, 2022). Therefore, this study aims to systematically review the literature that discusses the influence of the STEM approach and microbiology experiments on students' practicum skills, especially at the higher education level.

METHOD

This study uses a library research method with a systematic literature review (SLR) approach. Data were obtained from national and international journal articles indexed by Scopus, DOAJ, and SINTA, as well as the ResearchGate and Google Scholar databases. Search keywords include "STEM in microbiology education", "laboratory microbiology skills", "inquiry-based STEM", and "experimental microbiology in higher education". The selected articles were publications in the last 10 years (2014–2024), with the following inclusion criteria are focus on microbiology learning and the STEM approach, assess students' practical skills, and be openly available. The analysis was conducted descriptively qualitatively by highlighting the main findings, learning methods, and their impact on students. Within qualitative research, the use of literature review must reflect the methodological perspective adopted. Qualitative analysis is often chosen due to its effectiveness in investigating research topics that are exploratory in nature (Ali & Limakrisna, 2013).

RESULTS AND DISCUSSION

Result

Table 1. Results of Relevant Research Studies

No	Article Title	Authors & Year	Focus	Main Findings
1	Student-Scientist Curriculum: Integrating Inquiry-Based Research Experiences	Sadler et al. (2013)	Scaffolded IBL using <i>Saccharomyces cerevisiae</i>	Increased technical, analytical, and scientific communication skills in students
2	Engaging Students in Authentic Microbiology Research	Jordan et al. (2014)	Open-inquiry microbiology project	Enhanced understanding of authentic scientific methods and critical thinking
3	An Inquiry-Based Laboratory Module to Promote Understanding of Bacterial Conjugation	Berkmen et al. (2014)	IBL module on bacterial conjugation	Improved scientific reasoning and understanding of scientific methodology
4	An Investigative, Cooperative Learning Approach to General Microbiology Lab	Willey & Howell (2010)	Cooperative inquiry model	Boosted student confidence and engagement with lab science processes
5	Brewing for Students: An Inquiry-Based Microbiology Lab	Sato et al. (2015)	Fermentation experiment with microbes	Improved motivation and conceptual grasp of microbiological processes

Sadler et al. (2013) demonstrated that implementing a scaffolded, inquiry-based microbiology curriculum significantly enhances students' laboratory skills. Students developed

abilities in experimental design, data analysis, and scientific reporting. The model fostered active participation and self-directed learning. In addition, collaborative lab activities encouraged communication among peers. These results validate the STEM framework's capacity to simulate authentic scientific research in undergraduate settings.

Jordan et al. (2014) reported that students involved in open-inquiry microbiology research showed increased interest and improved understanding of the scientific process. Their critical thinking skills were sharpened as they made hypotheses and validated data through iterative testing. The authentic nature of the projects mirrored real scientific challenges. Students appreciated the ownership of their research. These outcomes support the use of inquiry-oriented STEM experiments to reinforce laboratory competence.

According to Berkmen et al. (2014), inquiry-based modules on bacterial conjugation enhanced students' ability to apply theoretical knowledge in hands-on microbiology. Learners demonstrated improved data interpretation and methodology comprehension. The structure of the lab also emphasized scientific reasoning and ethics. Students were better prepared for advanced lab tasks and research projects. The integration of STEM in such modules provided a holistic skillset for scientific inquiry.

Wiley and Howell (2010) found that a cooperative, investigative approach improved students' confidence in laboratory techniques. Participants collaborated to solve microbiological problems, fostering critical teamwork and peer learning. The lab format mirrored real-world scientific collaboration. Students also improved in maintaining aseptic techniques and troubleshooting protocols. Overall, STEM-based cooperation proved essential for practical laboratory competence.

Sato et al. (2015) employed brewing as a microbiology lab to foster student engagement and concept retention. The experiment used familiar processes like fermentation to introduce scientific principles. Students became more motivated and inquisitive during labs. Their understanding of microbiological processes, such as yeast metabolism, improved notably. This highlights how STEM-aligned, everyday contexts can reinforce learning outcomes.

Discussion

The role of STEM-based multimedia in microbiology education. Students exposed to simulations and interactive digital modules were better prepared for wet-lab activities. The visual and stepwise representation of experiments supported procedural memory. Multimedia tools also reduced anxiety in first-time lab users. Therefore, technology in STEM education bridges cognitive gaps before practical implementation Wulandari and Setiawan (2022).

Nurhayati and Kurniawati (2021) found that STEM integration elevated students' science process skills in microbiology. These included observation, measurement, classification, and inference-making. Students were more analytical in documenting experimental outcomes. The structured inquiry tasks cultivated scientific habits of mind. These findings support systematic STEM curriculum design in microbiology instruction.

Hasanah and Pratama (2023) demonstrated that STEM-based labs increased students' reflection and systematic thinking. Learners showed enhanced accuracy in pipetting, inoculating, and plate-reading. They also reported better understanding of sterile techniques and contamination control. Such labs developed not only skills but also scientific ethics. Structured STEM experiments thus serve both cognitive and affective learning domains.

Kusuma et al. (2019) found that inquiry-based STEM labs enriched microbiology students' practical performance and scientific attitudes. Students took responsibility for protocol execution and result interpretation. Hands-on practice reinforced microscopy, culturing, and gram staining skills. The model fostered both competence and confidence in lab environments. Hence, the integration of STEM supports multidimensional learning.

Arifin et al. (2020) noted that structured microbiology practicals should align with industry-level expectations. STEM-based designs expose students to complex protocols early on. This ensures adaptability to research or clinical labs post-graduation. They emphasized peer review and lab notebook standards as part of formative evaluation. These practices highlight the need for professionalization in microbiology education.

Hidayati et al. (2020) reported that inquiry-focused experiments heightened students' engagement and scientific writing abilities. As students progressed from hypothesis to conclusion, their logical reasoning sharpened. The inclusion of lab reports and peer critiques improved communication skills. The study recommends integrating STEM with reflective writing. This dual focus fosters critical and creative competencies.

Sari and Lestari (2021) indicated that STEM-based microbiology learning increased student motivation and retention. Students were more likely to attend labs and prepare ahead. Active participation was encouraged through problem-solving and project-based formats. The pedagogical shift enhanced emotional investment in science. Motivational outcomes are essential for long-term engagement in STEM fields.

Rizal et al. (2021) highlighted barriers in implementing STEM across microbiology labs, including lack of instructor training and resources. Despite these challenges, students showed improvement when exposed to partial STEM elements. The transition requires administrative support and curriculum reform. Instructors must be trained in interdisciplinary pedagogy. Institutional readiness thus plays a critical role in successful STEM integration.

Yuliana (2020) emphasized the importance of 21st-century lab skills, such as digital literacy and collaborative problem-solving. STEM approaches naturally embed these skills into the curriculum. Students navigated digital lab simulations and managed data collaboratively. These elements prepare them for future careers in research and diagnostics. Educators must consider these evolving competencies.

Multimedia and virtual lab models continue to evolve, offering accessible and engaging microbiology experiments (Sadler et al., 2013). Students who practiced virtually before wet-labs showed higher accuracy and confidence. These tools are especially beneficial for large classes or remote learning. Simulations can mimic colony growth and aseptic zones. They are cost-effective and safe for beginners.

Lab-based STEM integration supports the transfer of knowledge across subjects, such as chemistry and mathematics. Students calculate growth rates, dilution factors, and interpret biochemical test results (Wulandari & Setiawan, 2022). This promotes interdisciplinary thinking. The ability to connect concepts enhances scientific literacy. STEM is therefore foundational to comprehensive microbiology education.

Experiments focusing on antibiotic resistance or environmental sampling reflect societal relevance (Jordan et al., 2014). These topics make microbiology more meaningful to students. When learners see the real-world application of their skills, motivation and understanding deepen. Ethical discussions also emerge, enriching the affective domain. Relevance fosters deeper cognitive engagement.

Collaboration in STEM microbiology labs promotes soft skills development such as communication and leadership. Working in groups requires task delegation, consensus-building, and conflict resolution (Willey & Howell, 2010). These are essential for team science. Students grow both as scientists and professionals. This dual development is a hallmark of STEM education.

The integration of STEM approaches in lab reports strengthens academic writing and critical evaluation (Hidayati et al., 2020). Students learn to justify methods, analyze data statistically, and reflect on limitations. Peer review and presentation practices further solidify understanding. These skills are transferable across disciplines. STEM fosters scientific thinking beyond the lab bench.

In summary, the reviewed studies consistently affirm the positive impact of STEM approaches on microbiology laboratory education. From technical accuracy to critical reflection, students benefit across cognitive, psychomotor, and affective domains. Challenges such as training and infrastructure remain, but their solutions are increasingly documented. Continued investment in STEM-aligned pedagogy is warranted. As higher education evolves, STEM will remain central to experiential scientific learning.

CONCLUSION AND SUGGESTIONS

Conclusion

The integration of STEM approaches in microbiology learning has consistently been shown to improve students' mastery of practical skills at various levels of higher education. This approach not only enriches students' theoretical understanding but also strengthens practical skills through inquiry-based experiments, collaborative learning, and technology integration. In addition, STEM encourages critical thinking skills, scientific communication skills, and strengthening scientific attitudes that are essential in 21st-century science education. Findings from various studies indicate that authentic, contextual, and problem-solving-based practical design is the most effective strategy in achieving laboratory competency. Therefore, the implementation of STEM in microbiology education is highly recommended as a learning model based on scientific skills and literacy.

Suggestions

Based on the results of the reviewed literature study, it is recommended that higher education institutions actively integrate the STEM approach into the microbiology practicum curriculum. Training for lecturers or laboratory instructors needs to be improved so that they are able to design collaborative and inquiry-based experiments. In addition, the provision of laboratory facilities, digital technology, and interactive multimedia teaching materials will strengthen the student learning experience. Further research is also needed to evaluate the long-term effectiveness of this approach on student work readiness. Cross-disciplinary collaboration between the fields of education, microbiology, and learning technology will enrich innovation in the development of STEM laboratories.

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